Da'wah Wal Irshad Series 44

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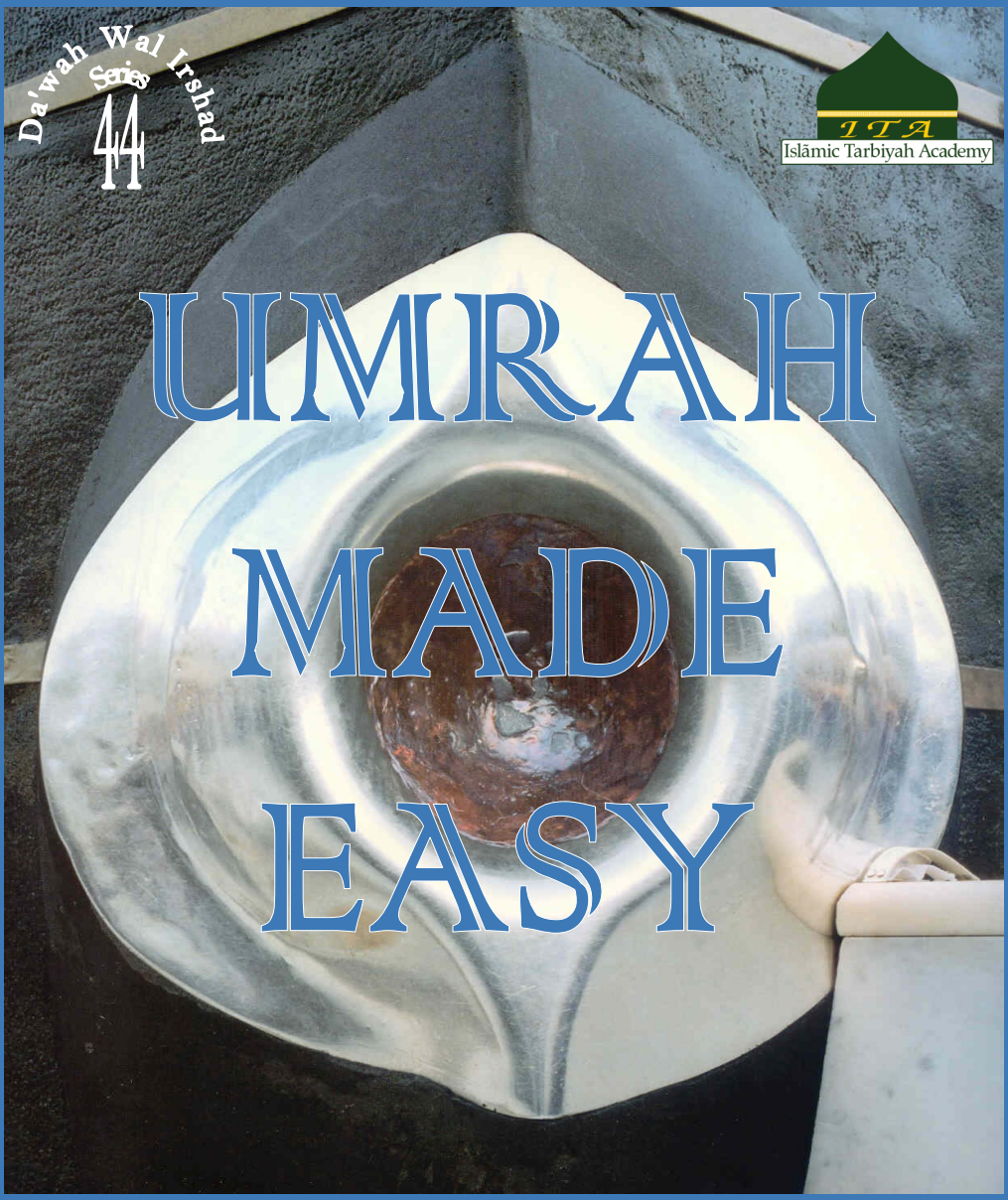
Islãmic Tarbiyah Academy



UMRAH MADE EASY

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(Hafizahullah)

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بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

وَأَتِمُّوا الْحَجَّ وَالْعُمْرَةَ لِلَّهِ

"*And compelte the Hajj and Umrah for Allah*"
(Surah Baqara Verse 196)

Abdullh bin Masood (R.A.) narrates that Rasulullah (ﷺ) said; "Perform Hajj and Umrah consecutively, for it removes poverty and sins like the furnace removes dirt from iron gold and silver" (Tirmizi

THE FARÃ'IDH OF UMRAH:

1. Ihrãm. Making Niyyah of performing the Umrah, reciting Talbiyah and donning the Ihrãm.
2. Tawãf.

THE WÃJIBÃT OF UMRAH:

1. To make Sa'ee between Safã and Marwah.
2. To shave or trim the hair after Sa'ee

THE IHRÃM OF UMRAH

The method of entering into Ihrãm is to first perform ghusl, then adorn the Ihrãm.

After adorning the Ihrãm, perform two Rak'ats of Salãh for Ihrãm, and make the following intention:

اللَّهُمَّ إِنِّي أُرِيدُ العُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

"*Allaahumma innee ureedul umrata fayassirhaa lee wataqabbalhaa minee*."

"O Allah, I intend performing Umrah, so make it easy for me and accept it for me."

Thereafter recite the Talbiyah three times:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، انَّالْحَمْدَ، وَالنِّعْمَةَ، لَكَ وَالْمُلْكَ، لا شَرِيكَ لَكَ

"*Labbayk, Allaahumma labbayk. Labbayka laa shareeka laka labbayk. Innal hamda wanni'mata laka wal mulk. Laa shareeka lak.*"

Men should recite these words loudly whilst the women silently.
If a woman is menstruating, she should not perform the two Rak'ãts of Ihrãm. She should not make Tawãf until she is pure. Upon attaining purity, she should perform ghusl for Umrah, then Tawãf and Sa'ee and then all the rites for Umrah.

THE PROHIBITIONS OF IHRÃM

1. It is prohibited for men to wear a cloth which is buttoned or attached together in the same way that it is usually sewn. It is prohibited for a woman to wear clothing which is NOT sewn and covers the whole body with one piece. To cover the head or face. However, it is necessary for the women to observe Hijãb from strangers. Not allowing the cloth to touch the face is one thing, allowing the face to be viewed by strangers is another.

2. Men should not wear footwear that covers the central bone of the upper part of the feet.

3. The use of fragrance.
4. To remove hair from the body in any way.
5. Pairing the nails.
6. Hunting of land animals.
7. To be lustful or engage in marital relations.

TAWÃF

After entering the Haram of Makkah the following should be done:

1. Proceed towards the corner of the Ka'bah in which lies the Hajratul Aswad (black stone). Looking from the Ka'bah around the arched walls of Masjidul Harãm, you will see a green light directly opposite one of the four corners of the Ka'bah, in this corner lies the black stone.
2. Men should place the right end of their Ihrãm cloth under the right armpit and put both ends over the shoulder so that the right shoulder remains bare. This is called Idhtibã and is Sunnah for men only. Similarly there is no Raml for women only men. Raml is to walk

with quick short steps, lifting the legs forcefully with the chest kept out and moving the shoulders simultaneously. Raml will take place in three of the seven tawãfs.

3. Make Niyyah to perform Tawãf.
4. Place both palms on the black stone and kiss it. If kissing is not possible, then merely touch it with one hand or both hands. If this too cannot be done then just merely raise your hands, palms facing the stone saying;

بِسْمِ اللَّهِ اَللَّهُ أكبر و لِلَّهِ الحَمدَ

"*Bismillaahi Allaahu akbar walillaahil hamd*"

and kiss them (hands). This is known as ISTILÃM. it should be performed at the end of every round. It is imperative to begin Tawãf in line with Hajratul Aswad and completed with Hajratul Aswad. If Tawãf is ended before reaching the Hajratul Aswad it will remain incomplete.

5. Keeping the Ka'bah to your left walk around the Ka'bah (anti clockwise). Walk around till you return to the black stone.
6. Again perform ISTILÃM, you have now completed one round.
7. In a similar manner complete seven rounds.
8. On completing seven rounds, perform ISTILÃM, proceed towards Maqãm Ibraheem, or anywhere close to it.
9. Perform two Rak'ãt Salãh of Tawãf which is Wãjib.

◆ There are no prescribed Duã for Tawãf, one may make any Duã, istighfãr or recitation of the Qur'ãn.

◆ Between Ruknul Yamãni and Hajratul Aswad it is

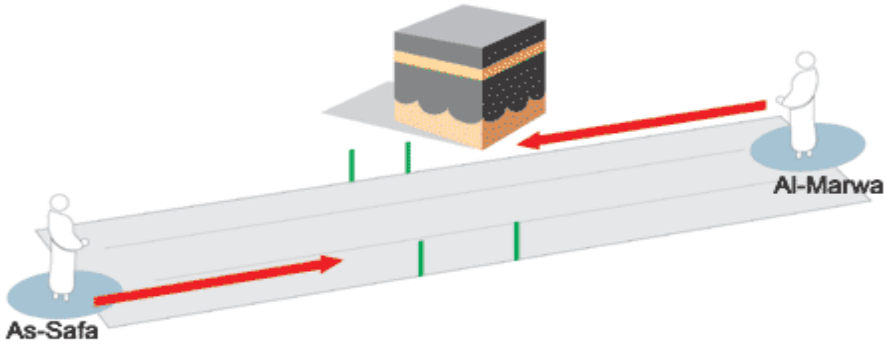
masnoon to recite;

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

"Rabbana 'Aatina Fildunia Hasanatan Wafil 'Aakhirati Hasanatan Wa Qina 'Athaabal Naar"

O Allah, Grant us the good of this world and the Hereafter, and protect us from the torment of the Fire.

SA'EE



1. Proceed towards Safã. Make the intention of Sa'ee. To make Istilãm again before the Sa'ee is Mustahab.
2. Facing Ka'bah, recite Durood make Duã for the fulfilment of your good wishes and others. This is a place where Duã's are accepted.
3. From Safã now walk towards Marwah (the other side). Engage yourself in the remembrance of Allah and Duã.
4. On reaching a set of green lights only men will quicken their pace and not women.
5. On reaching Marwah, one round has been completed. Duã should be made here too.
6. Now proceed towards Safã again. On reaching Safã you have completed two rounds. In this way complete seven

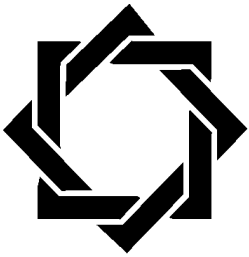
rounds.

7. The final round will end at Marwah.
8. At this stage to perform two Rak'ãts is Mustahab.
9. On completing the Sa'ee make Halaq or Qasr i.e. for men to shave their head entirely or trim at least one inch of hair from the entire head. Women should trim their hair slightly more than one inch from the end of their plait.
10. he rituals of Umrah have now been completed. You are now out of Ihrãm.

- There are no prescribed Duã during Sa'ee.

If any person within Makkah Mukarramah or its boundaries wishes to perform another Umrah it will be Wãjib to adorn the Ihrãm from outside the boundary of the Haram. Those in Makkah Mukarramah generally go to Tan'eem to wear the Ihrãm. There is also a Masjid in Tan'eem called Masjid Ayesha (R.A.).

Whilst in the blessed places engage yourselves in the remembrance of Allah and seeking forgiveness from past sins and guidance to abstain from sin in the future. Ask for all your needs. Make lot Duã for all the Muslims.



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For Development in Spiritual, Moral, Mental & Physical Discipline
In Accordance With The Islãmic Shar'iah

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