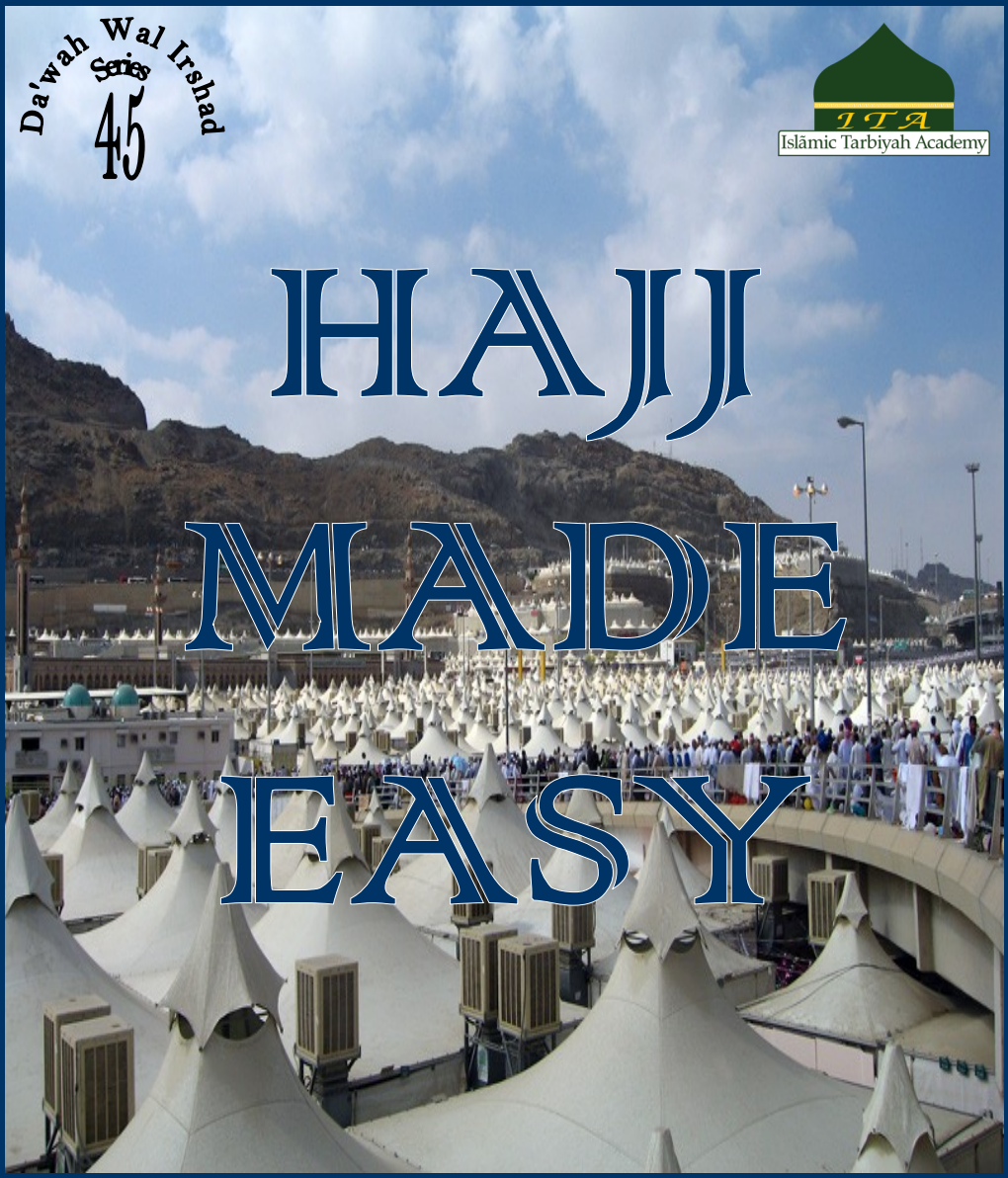
Da'wah Wal Irshad Series 45

ITA
Islāmic Tarbiyah Academy

HAJJ MADE EASY



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بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

وَأَتِمُّوا الْحَجَّ وَالْعُمْرَةَ لِلَّهِ

"And compelte the Hajj and Umrah for Allah"
(Surah Baqara Verse 196)

THERE ARE THREE TYPES OF HAJJ

IFRÃD: This is where the intending Hãji makes intention for Hajj only. He does not combine the Hajj with Umrah. A person who performs IFRÃD is called a Mufrid.

QIRÃN: In this Hajj, the intending Hãji makes intention for both Hajj and Umrah at the same time and adorns the Ihrãm for both and remains in Ihrãm till or after the 10th of Zil Hijjah and will not shave or trim the hair on completing the Umrah. A person who performs QIRÃN is called a Qãrin. The Qãrin will perform another Tawãf known as Tawãf Qudoom which is Sunnah.

TAMATTU: This type of Hajj is when the intending Hãji combines the Hajj and Umrah in such a way that he adorns the Umrah Ihrãm from the Meeqãt and does not combine the Ihrãm for Hajj with it. A new Ihrãm is adorned for Hajj. The person who performs TAMATTU is called a Mutamatti.

The intending Hãji has a choice as to which type of Hajj he wishes to perform. However the best is QIRÃN, then TAMATTU, and then IFRÃD.

(The method of performing Umrah page 7).

THERE ARE THREE FARÃ'IDH OF HAJJ

1. Ihrãm. Making Niyyah of performing the Hajj, reciting Talbiyah and donning the Ihrãm.
2. Stay in Arafãt.
3. Tawãf Ziyãrah.

If any one of the above is not performed then the Hajj will nor be performed and one will NOT be able to redeem it through Dam (penalty).

THERE ARE SIX WÃJIBÃT OF HAJJ

1. To stay in Muzdalifah on its time.
2. To make Sa'ee between Safã and Marwah.
3. To perform Ramee (pelt pebbles at Jamarãt).
4. For the Qãrin and Mutamatti to make Qurbãni.
5. Halaq, to shave the head or to remove some hair, (Qasr).
6. For those who stay outside the meeqãt to perform Tawãf Widã.

The rule of Wãjib is that if any one of them is discarded, whether intentionally or unintentionally, the Hajj will be valid but Dam (penalty) will be essential.

THE PROHIBITIONS OF IHRÃM

1. It is prohibited for men to wear a cloth which is buttoned or attached together in the same way that it is usually sewn. It is prohibited for a woman to wear clothing which is NOT sewn and covers the whole body with one piece. To cover the head or face. However, it is necessary for the women to observe Hijãb from strangers. Not allowing the cloth to touch the face is one thing, allowing the face to be viewed by strangers is another.

2. Men should not wear footwear that covers the central bone of the upper part of the feet.

3. The use of fragrance.
4. To remove hair from the body in any way.
5. Pairing the nails.
6. Hunting of land animals.
7. To be lustful or engage in marital relations.

THE DAYS OF HAJJ

8th ZUL HIJJAH

On this day, after sunrise all Hujjãj should go to Minã in the state of Ihrãm. The Mufrid and Qãrin will already be in Ihrãm. To leave for Minã at night time before sunrise is not in accordance to the Sunnah manner. One should leave after sunrise on the 8th Zul Hijjah.

Perform Zuhr, Asr, Maghrib, Ishã and Fajr in Minã. If a person is a Musãfir i.e. staying less than 15 days in Makkah then Qasr should be done otherwise a Muqeem will perform the Salãh in full.

Talbiyah, Zikr, Tilãwat, Taubah and Istighfãr should be done in abundance.

It is Sunnah to spend the night in Minã.

9th ZUL HIJJAH

On this day, the greatest rite of Hajj is carried out the 'Wuqoof in Arafãt'.

After sunrise, leave Minã and proceed to Arafãt. To leave Minã before sunrise is against the Sunnah.

Without this stay Hajj is invalid and cannot be redeemed through penalty. This stay (Wuqoof) starts from Zawwãl of 9th Zul Hijjah until Subh Sãdiq the following morning.

It is Fardh to spend even a short time in Arafãt whilst it is Wãjib to stay in Arafãt from after Zawwãl till sunset.

Zuhr and Asar will be performed at Arafãt.

Engage in abundant Zikr, Tilãwat and Duã.

A few minutes after sunset proceed to Muzdalifah without performing Maghrib Salãh. Do not depart before sunset.

9th NIGHT

Spend this night in Muzdalifah.

Perform Maghrib and Ishã at Ishã time with one Azãn and one Iqãmah (takbeer).

Format:

1. Azãn.
2. Iqãmah (takbeer).
3. Fardh of Maghrib.
4. Fardh of Ishã.
5. Sunnan of Maghrib.
6. Sunnan and Witr of Ishã.

Collect pebbles in Muzdalifah. A total of 49 will be needed. If one intends pelting on the 13th 70 pebbles will be needed, (this is not Wãjib but more virtuous).

It is Sunnah Muakkadah to remain in Muzdalifah till Subh Sãdiq.

10th ZUL HIJJAH

Leave for Mina a few minutes before sunrise.
Once in Mina fulfil the following:

1. **Ramee**: Pelting of the large Jamarãt only (7 pebbles). (**Wãjib**).
2. **Nahr**: Sacrificing of the animal. (**Wãjib for Qãrin and Mutamatti**).
3. **Halaq** or **Qasr**: Shaving or trimming of the hair. (**Wãjib**).
4. **Tawãf Ziyãrah**. (**Fardh**). (Can be done up to 12th Maghrib).

Wearing normal clothes can be done on completing 1,2,3. Relationship with ones wife permissible after 4.
Return to Minã.

- The Masnoon time for Ramee is from sunrise up to Zawwãl. It is permissible to do so from Zawwãl to sunset. However, it is makrooh after sunset.
- There is no Makrooh times for the sick, weak and for the women.
- Throw 7 pebbles one at a time with the index finger and thumb of the right hand reciting "*Bismillahi Allahu Akbar*".
- Halaq or Qasr i.e. for men is to shave their head entirely or trim at least one inch of hair from the entire head. Women should trim their hair slightly more than one inch from the end of their plait.

11th ZUL HIJJAH

Ramee (pelting) of all three Jamarãt is the only ritual for this day.
All three Jamarãts will be pelted from after Zawwãl time. It is not permitted to pelt before Zawwãl.
The Sunnat method is to start from the small Jamarãt followed by the middle Jamarãt and then the big Jamarãt, (7 pebbles each).
Those who did not make Qurbãni on the 10th complete it on this day or on the 12th.
The format as on the 10th has to be followed (i.e. 1,2,3,4,). **This sequence is Wãjib.** Spend night in Mina.

12th ZUL HIJJAH

Same procedure as the 11th. Only pelting to be done.
On completing the Ramee (pelting of all three Jamarãt), one can now leave for Makkah. One must leave before sunset.
Those who have followed the sequence up till this point your Hajj is now complete.

If one had not left Minã before sunset the night should be spend in Mina for the 13th of Zul Hijjah.

13th ZUL HIJJAH

Ramee of all three Jamarãt after Ishrãq is virtuous not Wãjib.
Those who remained in Mina until Subh'Sãdiq of the 13th, to perform Ramee on this day is Wãjib.
Now proceed to Makkah.
Hajj has now come to a complete end.

TAWÃF WIDÃ

It is Wãjib for those who live outside the Meeqãt to perform a departing Tawãf after performing the Tawãf Ziyãrah. This Tawãf is called Tawãf Widã.
If one returns home without performing this Tawãf he will be liable for Dam. However, a woman who is in the state of menstruation at the time of departure will not need to perform this Tawãf.
Any Nafl Tawãf made after Tawãf Ziyãrah becomes an adequate substitute for Tawãf Widã.
After performing the Tawãf Widã, perform two Rak'at Salãh at the Maqãm Ibraheem and facing the Qibla drink Zam Zam water. Depart from the Haram making Istilãm of Hajratul Aswad.

May Allah accept your Hajj and of all the Hujjãj. Ãmeen.

METHOD OF PERFORMING UMRAH

TAWÃF

After entering the Haram of Makkah the following should be done:

1. Proceed towards the corner of the Ka'bah in which lies the Hajratul Aswad (black stone). Looking from the Ka'bah around the arched walls of Masjidul Harãm, you will see a green light directly opposite one of the four corners of the Ka'bah, in this corner lies the black stone.
2. Men should place the right end of their Ihrãm cloth under the right armpit and put both ends over the shoulder so that the right shoulder remains bare. This is called Idhtibã and is Sunnah for men only. Similarly there is no Raml for women only men. Raml is to walk with quick short steps, lifting the legs forcefully with the chest kept out and moving the shoulders simultaneously. Raml will take place in three of the seven tawãfs.
3. Make Niyyah to perform Tawãf.
4. Place both palms on the black stone and kiss it. If kissing is not possible, then merely touch it with one hand or both hands. If this too cannot be done then just merely raise your hands, palms facing the stone saying;

   بِسْمِ اللَّهِ اَللَّهُ أكبر و لِلَّهِ الحَمدَ

   "*Bismillaahi Allaahu akbar walillaahil hamd*"

   and kiss them (hands). This is known as ISTILÃM. it should be performed at the end of every round. It is imperative to begin Tawãf in line with Hajratul Aswad and completed with Hajratul Aswad. If Tawãf is ended before reaching the Hajratul Aswad it will remain incomplete.
5. Keeping the Ka'bah to your left walk around the Ka'bah (anti clockwise). Walk around till you return to the black stone.
6. Again perform ISTILÃM, you have now completed one round.

7. In a similar manner complete seven rounds.
8. On completing seven rounds, perform ISTILÃM, proceed towards Maqãm Ibraheem, or anywhere close to it.
9. Perform two Rak'at Salãh of Tawãf which is Wãjib.

◆ There are no prescribed Duã for Tawãf, one may make any Duã, istighfãr or recitation of the Qur'ãn.

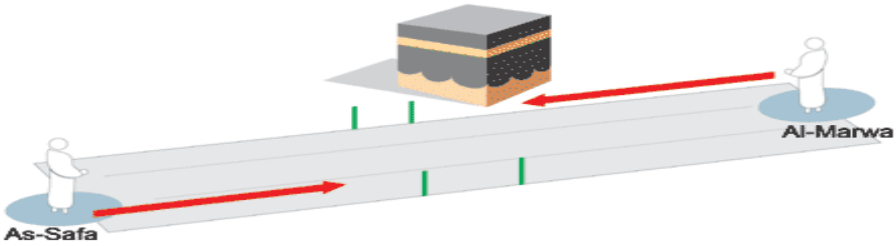
◆ Between Ruknul Yamãni and Hajratul Aswad it is masnoon to recite;

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

"Rabbana 'Aatina Fildunia Hasanatan Wafil 'Aakhirati Hasanatan Wa Qina 'Athaabal Naar"

O Allah,Grant us the good of this world and the Hereafter, and protect us from the torment of the Fire.

SA'EE



1. Proceed towards Safã. Make the intention of Sa'ee. To make Istilãm again before the Sa'ee is Mustahab.
2. Facing Ka'bah, recite Durood make Duã for the fulfilment of your good wishes and others. This is a place where Duã's are accepted.
3. From Safã now walk towards Marwah (the other side). Engage yourself in the remembrance of Allah and Duã.
4. On reaching a set of green lights only men will quicken their pace and not women.

5. On reaching Marwah, one round has been completed. Duã should be made here too.
6. Now proceed towards Safã again. On reaching Safã you have completed two rounds. In this way complete seven rounds.
7. The final round will end at Marwah.
8. At this stage to perform two Rak'ats is Mustahab.
9. On completing the Sa'ee make Halaq or Qasr i.e. for men to shave their head entirely or trim at least one inch of hair from the entire head. Women should trim their hair slightly more than one inch from the end of their plait.
10. he rituals of Umrah have now been completed. You are now out of Ihrãm.

◆ There are no prescribed Duã during Sa'ee.

If any person within Makkah Mukarramah or its boundaries wishes to perform another Umrah it will be Wãjib to adorn the Ihrãm from outside the boundary of the Haram. Those in Makkah Mukarramah generally go to Tan'eem to wear the Ihrãm. There is also a Masjid in Tan'eem called Masjid Ayesha (R.A.).

Whilst in the blessed places engage yourselves in the remembrance of Allah and seeking forgiveness from past sins and guidance to abstain from sin in the future. Ask for all your needs. Make lot Duã for all the Muslims.

ALL HUJJÃJ KIRÃM ARE REQUESTED TO REMEMBER ITA AND THE COMPILER OF THIS BOOKLET IN THEIR DUÃ'S.

NOTES:

ITA
Islãmic Tarbiyah Academy

For Development in Spiritual, Moral, Mental & Physical Discipline
In Accordance With The Islãmic Shar'iah

Activities at the Academy

- Five times Salãh with Congregation including Jumuã & Eid
- Day Darul Uloom (Students over 16 non boarding)
- Daily educational classes and programmes for the general masses
- Guidance & Counselling services
- Regular youth Tarbiyah programmes
- Khanqah Ashrafiyyah Akhtariyyah (institute for spiritual reformation)
- Publication of a journal ATTARBIYAH and other Islãmic literature
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